

BC Network for Compassionate Communication

Endorsements

What People Are Saying

"I believe the principles and techniques in this book can literally change the world, but more importantly, they can change the quality of your life with your spouse, your children, your neighbors, your coworkers and everyone else you interact with. I cannot recommend it highly enough."

—**JACK CANFIELD**, author of the *Chicken Soup for the Soul* series

"Marshall Rosenberg's dynamic communication techniques transform potential conflicts into peaceful dialogues. You'll learn simple tools to defuse arguments and create compassionate connections with your family, friends, and other acquaintances. I highly recommend this book."

—**JOHN GRAY, PhD**, author of *Men are From Mars, Women are from Venus*

"Nonviolent Communication is a simple yet powerful methodology for communicating in a way that meets both parties' needs. This is one of the most useful books you will ever read."

—**WILLIAM URY**, co-author of *Getting to Yes* and author of *The Third Side*

"The extraordinary language of Nonviolent Communication is changing how parents relate to children, teachers to students, and how we all relate to each other and even to ourselves. It is precise, disciplined, and enormously compassionate. Most important, once we study NVC we can't ignore the potential for transformation that lies in any difficult relationship—if we only bother to communicate with skill and empathy."

—**BERNIE GLASSMAN**, President and Co-Founder Peacemaker Community

"The principles of Nonviolent Communication taught by Dr. Rosenberg are instrumental in creating an extraordinary and fulfilling quality of life. His compassionate and inspiring message cuts right to the heart of successful communication."

—**TONY ROBBINS**, author of *Awaken the Giant Within*, *Unlimited Power*, and *PowerTalk!*

"We learned to speak but not communicate and that has led to so much unnecessary personal and social misery. In this book you will find an amazingly effective language for saying what's on your mind and in your heart. Like so many essential and elegant systems, it's simple on the surface, challenging to use in the heat of the moment and powerful in its results."

—**VICKI ROBIN**, co-author of *Your Money or Your Life*

"I highly recommend reading this book, and applying the NVC process it teaches. It is a significant first step towards changing our communication and creating a compassionate world."

—**ARUN GANDHI**, Founder/President, M.K. Gandhi Institute for Nonviolence

"Changing the way the world works sounds daunting, but Nonviolent Communication helps liberate us from ancient patterns of violence."

—**FRANCIS LEFKOWITZ**, *Body & Soul*

"I appreciate how well Nonviolent Communication reduces a very complex and needful topic to utter simplicity."

—**HAL DOIRON**, Director, Columbine Community Citizen's Task Force

"Nonviolent Communication is a masterwork. Nationally, we talk peace. This book goes far beyond mere talk . . . it shows us how to TEACH peace."

—**JAMES E. SHAW, PhD**, author of *Jack and Jill, Why They Kill*

"Nonviolent Communication is filled with stories of mediations in many different situations: families, corporations, cops and gangs, Rwandan village tribal chiefs, Israelis and Palestinians. The author describes how, in numerous conflicts, once 'enemies' have been able to hear each other's needs, they are able to connect compassionately and find new solutions to previously 'impossible' impasses. He has compiled his ideas into an easy-to-read book that clearly explains this communication model. If you want to learn ways of more skillful speech, I highly recommend this book."

—**DIANA LION**, *Turning Wheel Magazine*, Buddhist Peace Fellowship

"We have lived traumatic moments over and over again, moments of fear and panic, incomprehension, frustrations, disappointment, and injustice of all sorts, with no hope of escape. Those who have participated in Marshall Rosenberg's training have a real desire to use Nonviolent Communication as a peaceful alternative for ending this interminable Rwandan conflict."

—**THEODORE NYILIDANDI**, Rwandan Dept. of Foreign Affairs - Kigali, Rwanda

"This book is essential reading for anyone seeking to end the unfulfilling cycles of argument in their relationships. Marshall Rosenberg offers a radical challenge to centuries of thought and language that create violence. If enough people actually learn Nonviolent Communication we may soon live in a more peaceful and compassionate world."

—**WES TAYLOR**, Progressive Health

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For more information visit www.BCNCC.org and www.CNVC.org